

CAREER MANAGEMENT GUIDE

for the Doctorates

I-HoP

Hokudai International Human Resource Development Program
Front Office for Human Resource Education and Development

HOKKAIDO UNIVERSITY

So, what do you plan to do after graduation?



Academic?

...In Japan or Abroad?

Industry?

I-HoP supports DC & PDs career development

Where, how and in which affiliation you will work in the near future?

Hokudai (Hokkaido University) International Human Resource Development Program (I-HoP) provides career development support in English to PhD course students and postdoctoral researchers from abroad. All information are distributed through **Hi-system**.

I-HoP support list*:

- Provide communication opportunities between DC/PDs and Japanese companies
- Career consultation in English and Japanese
- Offer transferrable skills seminars in English
- Provide and create media content that are useful for Japanese job hunting and learning Japanese language
- Support for learning Japanese language

*Some of them are available for MC students as well

Hi-System

An online career support system specialized to **MC, DC and Postdoc** career support. Operated by the Front Office for Human Resource Education and Development.

Register now to get information for events, job postings, etc., then post your PR sheet so that potential employers can find you.

Please visit our homepage for more details.

Hi-System : <https://www2.synfoster.hokudai.ac.jp/Hi-System>



For those who wish to work in Japanese Industry

The Front Office for Human Resource Education and Development has a special team to support DC & PDs career development and has relationships with many Japanese companies.

As we talk with the company representatives, most of them require their employees and applicants to have some level of Japanese language proficiency.

This means that, even if you are enrolled in an English graduate course in Hokkaido University, it is strongly recommended that you start or continue to learn Japanese language, if you are intend to work in Japan.

Hokkaido university has a high quality Japanese language course for free and I-HoP supports international students to take Japanese language proficiency test. On the other hand you can find useful apps with your smartphone.

Just start and keep learning, it will expand your future in Japan.

For those who wish to work in Academic in Japan

JREC-IN (Japan Research Career Information Network) aims at providing informational support to expand the researchers' career path by collecting and providing information on job openings and job-seeking members.



Career consultation

I-HoP provides career consultation in English and Japanese for Doctor Course and Postdoc researchers from abroad.

To make a reservation, email to I-HoP with your name, faculty and expected month/-year of graduation.

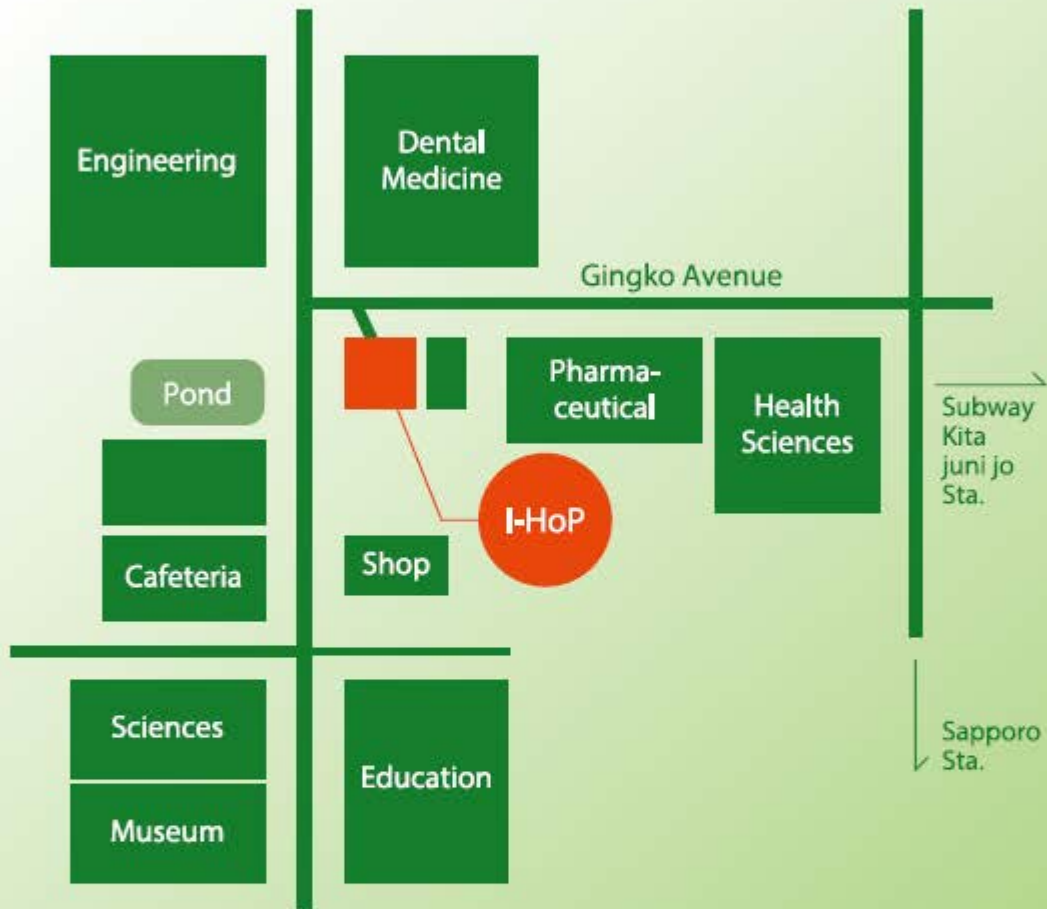
Career consultation is conducted in a private one-to-one setup or online conference to help you clarify and identify your career objective, or obtain necessary information related to your job hunting, especially in Japan.

It is highly recommended to take this session sooner, like while you are in D1, than later since the recruiting process in Japan starts at least 12 months before your graduation.

I-HoP : ihop@synfoster.hokudai.ac.jp

Access to I-HoP

Mid-Campus Open Laboratory Building #1, 1st Floor
(South-East Corner of Main Street & Ginkgo Avenue)



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